



THE LION'S ROAR

The monthly newsletter for Penn State Berks



Important Dates

- April 1** | Summer Course Enrollment Continues¹
- April 5** | Late Drop Deadline at 11:59pm (for full semester courses)
- April 8 - 19** | Academic Advising Center will be available by appointment only [no walk-ins]
- April 19** | Summer Success Scholarship deadline²
- April 22** | Installment Payment Plan #4 Due³
- April 26** |
 - Withdrawal Deadline at 5pm
 - Last day of classes
 - Last day of tutoring at the Learning Center & Writing Center
- April 28** | Housing and Food Services changes⁴
- April 29 - May 3** | Final ExamWeek⁵

- May 1**
 - FAFSA deadline for Pennsylvania residents
 - Penn State Berks Returning Student Scholarship deadline⁶
- May 4** |
 - Commencement (graduation) at 10am⁷
 - Residence Halls close at 12pm

¹ Summer Session provides current Spring 2024 students the opportunity to enroll in courses at any Penn State Campus. Options around the start date, end date, and length of courses exist. Learn more: [Summer Courses](#) | [Summer Session \(psu.edu\)](#)

² The Summer Success Scholarship helps undergraduate students who have fallen behind in their degree program and would benefit from taking a summer course to get caught up but have financial challenges to doing so. Learn more at [Summer Success Scholarship](#) | [Summer Session \(psu.edu\)](#)

³ If students enrolled in the Installment Payment Plan (IPP) by the first payment (1/22), their second, third, and fourth installments are due on the 22nd of the three subsequent months. Learn more at [Payment Options](#) | [Office of the Bursar \(psu.edu\)](#)

⁴ Housing and Food Services is excited to announce the renovation of Tully's Dining Hall. Learn more on page 2 of this newsletter.

⁵ Students can access their Final Exam Schedule in LionPATH, Canvas, and/or course syllabi. Learn how to view in LionPATH at [Public Knowledge Base - LP: LionPATH Viewing Your Final Exam Schedule \(service-now.com\)](#). At Berks, students with final exam conflicts (i.e., 3 or more on the same day or 2 or more at the same time) should coordinate rescheduling with their professors.

⁶ The Berks Returning Student Scholarship application can be accessed [here](#).

⁷ Learn more about the Spring 2024 Commencement ceremony at [Graduation | Penn State Berks \(psu.edu\)](#)

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NEW ALUMNI LOADING: SPRING 2024 GRADUATES INFO

Penn State Berks is thrilled to celebrate students as they transition from students to alumni. Graduating students, join us for a delightful evening of food and exciting door prizes at the Senior Social on Wednesday, April 17th, from 5-7pm in the Lion's Den. You won't want to miss the Senior Toast at 6pm! Get ready to celebrate your journey and create unforgettable moments with your fellow graduates!

Read more about preparing for graduation at [Graduation | Penn State Berks \(psu.edu\)](#)

Spring 2024 Commencement Details

Saturday, May 4, 2024
10:00 a.m.

[Santander Arena](#) (700 Penn Street in Reading, PA 19602)

What about graduation pictures?

Berks graduates can look forward to having their photos taken on Commencement Day by Grad Images, a professional photography group.

For inquiries regarding commencement at Penn State Berks, feel free to reach out to the Registrar's Office

via email at BK-registrar@psu.edu or by phone at 610-396-6085. They're here to assist with various concerns, such as the cap and gown ordering process, RSVPing for commencement, guest attendance, venue details, academic requirements, and any other graduation-related questions you may encounter.



BIG CHANGES COMING: TULLY'S IS BEING RENOVATED!

Housing and Food Services is excited to announce the renovation of Tully's Dining Hall!

IMPORTANT CHANGES TO FOOD SERVICE SPRING 2024:

The renovation is scheduled to happen over the summer with Tully's reopening for August arrival.

- Demolition will start during final exam week. Housing and Food Services will continue providing food service during final exam week.
- Meals will be served out of MPR 2 (107 Perkins).
- Creekside Market will have extended hours starting on Sunday, April 28th
- The Rolling Lion, Penn State's own food truck, will also be on campus in the residence halls providing food service all week.

DID YOU KNOW?

Tully's was opened in 1990 and received its last significant renovation in 2000. Flooring and furnishings have been updated as recently as 2015.

WHAT WILL CHANGE?

The renovation will allow Tully's the opportunity to expand menu options, offering a wider selection of meal stations including grill, deli, a new pasta station, soups and subs, pizza, healthy entrees, and salad. Desserts, drinks, and grab 'n go items will also be available within the 960 square foot serving area.

The main doors to Tully's will be removed to enable student access to the seating area even when Tully's is not open. There will be a lounge space immediately to the left as you enter Tully's. Seating will include booths, high-top tables, and regular-height tables. Further into the space, window seating will be added around the large corner windows. Black-out shades will provide a backdrop for a screen and projector to be used for events or just for fun! In addition, a raised stage will be added in the far corner for events.

ARE YOU OVER OR UNDER? MANAGING THE STUDENT MEAL PLAN

How do I check my meal plan balance?

- Students can check their meal plan balance online at idcard.psu.edu/manage-accounts.
- Available balances are also displayed at Campus Dining registers and on receipts. It is important to understand that the registers display a combined meal plan and [LionCash](#) account balance.

What happens to my leftover meal plan funds?

- Dining Dollars expire at the end of the spring semester.
- Students can manage their Campus Meal Plan through [eLiving](#) until the last day of the semester.

Can I change my meal plan?

- Students can change their meal plan level at any time in [eLiving](#) until the last day of the semester.
- If a student is running low on funds, the meal plan can be supplemented with [LionCash](#) and still receive the deeper Campus Meal Plan discount.

If a student has excess dining dollars, they can donate to the "Swipe Out Hunger" campaign, which will run from **April 12 - 20**.

- During this week, students have the option to donate \$5, \$10, or \$15 to the student emergency fund when they pay for their meal at any residential dining facility or through a Penn State Eats mobile order.
- Swipe Out Hunger, a national nonprofit committed to ending college student hunger, works with more than 435 colleges and universities nationwide to implement anti-hunger programs.
- Learn more about Penn State's work on [food security](#).

ACADEMIC ADVISING SPOTLIGHT: COURSE ENROLLMENT INSIGHTS

TIME IS RUNNING OUT! SUMMER COURSE ENROLLMENT

Summer course registration is open and available on a first-come, first-serve basis. Current Spring 2024 students can schedule classes at any Penn State campus during the summer session! Stay on track toward degree completion by speaking with your academic adviser **before** enrolling!

Summer Sessions:

Maymester: May 6 - June 3*

Summer I: May 13 - June 21

Summer II: June 26 - August 7

Learn more: [Summer Courses](#) | [Summer Session \(psu.edu\)](#)

*Enroll in the highly anticipated CAS 297G course focusing on Taylor Swift and Gender. This course is a General Education Humanities (GH)

Did You Know?

- Courses with low enrollment may be cancelled. Scheduling sooner rather than later helps Berks better assess which courses should remain on the schedule.
- Most summer courses are accelerated, covering about 15 weeks of content in 6 to 7 weeks.
- You can expect the pace of the course to be quick, with some classes meeting more frequently or for longer periods. Some summer courses are also offered asynchronously.
- On-campus housing is not available for those taking summer courses at the Berks campus.
- Contact Financial Aid to determine if you might be eligible for aid. Students who qualify should apply for the **Summer Success Scholarship** by April 19. Learn more at [Summer Success Scholarship](#) | [Summer Session \(psu.edu\)](#)
- If you decide to take classes at a non-Penn State location over the summer, make sure the credits will transfer back to Penn State! Use the [Transfer Credit Tool](#) to confirm.

SCHEDULING FALL CLASSES:

Check your LionPATH Student "Home Base" (i.e., your dashboard) for an Enrollment Appointment date and to review the schedule of courses. Remember, enrollment dates vary by student.

Did You Know?

- The sooner you schedule next semester's courses, the more likely you are to get the courses you want/need! Courses with low enrollment may be cancelled. Scheduling sooner rather than later helps Berks better assess which courses should remain on the schedule Plan to enroll on your scheduled enrollment date as listed in LionPATH!
- Sophomores should have their change of major and change of campus (if applicable), completed before scheduling Fall classes!

- Any Holds and To-Do List Items for the Spring 2024 semester should be resolved prior to your assigned enrollment date to prevent issues when scheduling courses.
- Students may attempt each course a maximum of two times. It is important to consult with an academic adviser to fully understand Penn State's Course Repeats policy,

SPRING SCHEDULE CHANGES: LATE DROP VS WITHDRAWAL WHAT IS THE DIFFERENCE?

LATE DROP: Student action used to eliminate one or more course(s) from their currently enrolled course roster.

- Learn more about LATE DROP at [Adding, Dropping, and Auditing Courses](#) | [Penn State Office of the University Registrar \(psu.edu\)](#)

WITHDRAWAL: Student action used to eliminate ALL courses from their currently enrolled course roster.

- IMPORTANT: This action will also cancel course enrollment for the upcoming semester, including summer enrollment.
- Learn more about WITHDRAWAL at [Withdrawal](#) | [Penn State Office of the University Registrar \(psu.edu\)](#)

When ARE the deadlines?

LATE DROP: April 5 at 11:59pm for full semester courses.

WITHDRAWAL: April 26 (last day of class) at 5pm.

Pro Tip: do NOT wait until the deadline, in case you run into any issues and/or need support.

What should a student consider and/or do **BEFORE**?

- Speak with the **professor** to determine if earning a passing grade is possible in the course.
- Speak with an **academic adviser** to determine any current or future impacts of the decision including summer and/or fall course registration.
- Speak with **Financial Aid** to determine any current or future impacts of the decision.
- Residential students, speak with **Housing & Food Services** to determine if your housing contract will be impacted (for withdrawals specifically).

What should a student consider and/or do **AFTER**?

LATE DROP ONLY:

- Pay the \$6 fee associated with dropping the course (the fee will be viewable in LionPATH after the course is dropped).
- Use the scheduled class time of the dropped course as focused study time for all remaining courses.

WITHDRAWAL AND/OR LATE DROP:

- Adjust next semester's course schedule as needed.

COUNSELING CORNER: BOOST YOUR MOOD WITH GOOD FOOD!

I'm so sad, I'm craving lettuce (said no one ever!). The junk food we crave when we are sad, lonely, or tired offers a quick fix that wears off quickly. As a result, we are left feeling worse. Instead, reach for one of the foods below (which contain vitamins, minerals, and other compounds) to lift your spirits. As a bonus, eating these foods may improve your overall health as well!

20 Foods That May Lift Your Mood

Avocado	Honey
Beans and Lentils	Kale and Spinach
Berries	Lean Meat
Brazil Nuts	Low-fat dairy
Chia Seeds	Mushrooms
Coffee	Olive Oil
Dark Chocolate (yum!!)	Oats
Fermented foods (like yogurt, Kefir, and Kimchi)	Pumpkin Seeds
Garlic)	Salmon and Tuna
Green and Black Tea	Sweet Potato

While it's natural to monitor food intake and weight, sometimes it can become concerning. If you're worried about your eating habits or those of someone close to you, it is important to recognize potential signs of an eating disorder. Review some of the warning signs below and don't hesitate to reach out for support. Contact Counseling Services at Penn State Berks or visit [Eating Disorders Symptoms - National Eating Disorders Association](#) for helpful resources and assistance.

- Preoccupation with weight loss, food, calories, and dieting
- Restricting certain foods and often eliminating whole food groups (carbohydrates, fats, etc.)
- Making excuses to avoid mealtimes or situations involving food
- Developing food rituals (e.g., eating foods in certain orders, excessive chewing, rearranging food on a plate)
- Withdrawing from friends and previously pleasurable activities and becoming more isolated and secretive
- Extreme concern with body size and shape
- Frequent checking in the mirror for perceived flaws in appearance
- Extreme mood swings



STUDENT INSIGHT:

PREPARING FOR FINALS with Nigel Oglesby

Hey there, fellow students! With finals week approaching, I'm sure we're all feeling the tension. As a graduating senior, I've got some tried-and-true strategies to share that have helped me navigate this stressful time. Let's support each other as we gear up for success!

Show up to every class! (Duh)

- The best way to absorb information from class is to be there! It's better to be on track or ahead instead of behind on topics in class.

Ask your professor if there is a study guide for finals.

- A lot of professors will have a study guide, or something similar, to help students prepare for final exams. If not, go to your professors' office hours to ask any questions you have.

When, Where, What?

- Find out when your final is, where it will take place, and what will be on the exam.
- Will you be tested on the material since your last test, or will you be tested on everything you've learned in the class this semester?

Divide and conquer.

- Knowing how many finals you have will help you figure out how much time you need to set aside for studying.
- Get ahead of procrastination by setting up your study schedule early on!
- Write out what subjects are on the exam and figure out how much you know on each concept/section of the class.
- Focus on studying the concepts you're least familiar with, while also refreshing your understanding of topics you feel more confident about.

Become the professor.

- There's a saying: "If you can teach it, you understand it." Take some time, if possible, to chat with a friend and explain the concepts you're studying for the final exam. Their questions can deepen your understanding and enhance your learning.
- Beyond speaking about subjects, applying the subjects through action can help you learn and remember a concept better.

Don't be afraid to reach out to your classmates!

- Be sure to mingle in class so you can ask about anything you're unsure of. And think about teaming up with classmates for study sessions before the exam!

Look into resources on campus.

- Head over to Thun Library and check out the resources available to see if they can assist you with any upcoming final exams or projects.
- Drop by the Writing Center to refine your work or brainstorm ideas to ensure you're heading in the right direction.
- Keep an eye out for campus events - they often have resources available around finals time to help you study and unwind.

Don't panic! Have fun!

- Don't do anything drastic to your body like stay up all night or skip meals! If you are prepared for the occasion, you will not have to sacrifice your humanity for that great grade. Have a stellar, thought-out plan that will carry you to victory!
- Take your time and trust the process!



SPRINGTIME AT PENN STATE BERKS

Immerse yourself in the vibrancy of spring at Penn State Berks by exploring the Student Events Calendar at [Student Events Calendar | Penn State Berks \(psu.edu\)](#). Discover a delightful array of upcoming activities and events blooming with excitement, tailored to embrace the spirit of the season.

International Klub presents



HOLI

celebration

April 5, 2024, 5:00pm – 7:00pm
Penn State Berks - Luerssen Field

Join us in celebrating Holi, the Hindu Festival of Colors!
We will have activities, music, food, and color powder throwing!
** Allergen: Cornstarch based color powder **

The event is FREE!

Co-Sponsored by Arts & Lecture, International Student Services, DEIB Committee, and Student Affairs
The International Klub welcomes persons with disabilities to campus events. If you need assistance or have questions about access, please contact Ryan Madhav in advance of the program at: rzm5875@psu.edu

HOLI CELEBRATION

Friday, April 5, 2024 | 5 - 7pm | Luerssen Field

Join Penn State Berks for a vibrant celebration of Holi, one of the most significant Hindu festivals observed worldwide. Indulge in an evening filled with delectable food, lively music, and a kaleidoscope of colors, alongside a variety of fun activities. This event is sponsored by Arts & Lecture, International Student Services, the DEIB Committee, and the International Klub with a range of engaging activities hosted by various student organizations and campus offices. This FREE event is open to the Berks campus community as well as the local community.

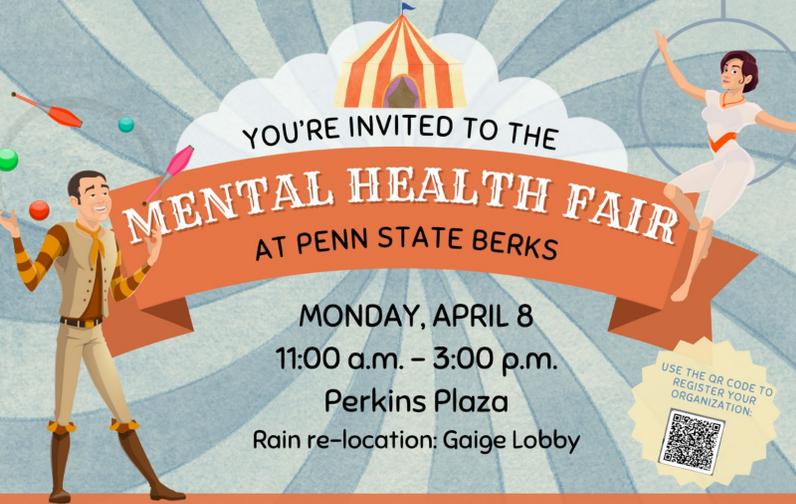


EARTH DAY CELEBRATION

Monday, April 22, 2024
10am - 2:30pm | Perkins Plaza

The Penn State Berks Earth Day Celebration is sponsored by the Sustainability Council and features engaging activities hosted by various organizations within and beyond the Penn State Berks community. There will be freebies and a chance to win prizes. Light refreshments and hot/cold drinks will also be served. This FREE event is open to all Penn State Berks students, staff, and faculty as well as the public.

CELEBRATE NATIONAL LIBRARY WEEK with the Thun Library and SLAC (Student Library Advocacy Club) as we unveil the new [Leisure reading collection!](#) Join us for desserts and to make a bookmark.
Wednesday, April 10, 12-2:30 pm @ Thun Library lobby.



YOU'RE INVITED TO THE

MENTAL HEALTH FAIR

AT PENN STATE BERKS

MONDAY, APRIL 8
11:00 a.m. – 3:00 p.m.
Perkins Plaza
Rain re-location: Gaige Lobby

USE THE QR CODE TO REGISTER YOUR ORGANIZATION.



JUGGLING MENTAL HEALTH SHOULDN'T FEEL LIKE A BALANCING ACT.

MENTAL HEALTH FAIR

Monday, April 8, 2024 | 11am - 3pm
Perkins Plaza (rain location: Gaige Lobby)

Back by popular demand—the Mental Health Fair at Penn State Berks!

The Mental Health Fair is sponsored by Counseling Services and features engaging activities hosted by Degy Entertainment as well as various organizations and offices within and beyond the Penn State Berks community. This FREE event is open to all Penn State Berks students, staff, and faculty.

DESTRESS FEST AT THUN LIBRARY

Monday, April 22 through Friday, May 3 (while supplies last)
Thun Library Lobby & Cohen Lounge



The end of the semester is approaching, and finals are on the horizon! If you're feeling stressed, stop by the library for the De-Stress Fest! Enjoy snacks, crafts, make a bookmark, and more. Clear your head and prepare for your exams with the library! Destress Fest is FREE and open to current Penn State Berks students.



UNLOCKING FUTURE OPPORTUNITIES WITH CAREER SERVICES

The Career Services Office is a full-service resource for students and alumni of Penn State Berks. The office provides online career resources, counseling, and assistance in all facets of career planning and development. Contact Career Services to schedule a one-on-one meeting and start your opportunity search, review your resume, and prepare for interviews.

UPCOMING CAREER FAIR & NETWORKING EVENTS

April 8 | Business Etiquette Dinner
from 5:00-6:00pm in Perkins 007 (MPR 1)

Learn more about *Business Dining Etiquette*, how to dress for success, and more! Space is limited so sign up [HERE](#) as soon as possible!

April 24 | Graduate School Workshop
from 12:15-1:15pm in Perkins 003

COUNSELING CORNER: IMPROVE MENTAL HEALTH THROUGH CRAFTING



Do you know that creative activities are linked to positive psychological functioning? It's true! Research has found that engaging in crafting or artwork can increase dopamine release, improve overall sense of well-being, reduce anxiety, and lower stress hormones like cortisol.

The effort, multi-sensory engagement, and repetitive actions make activities like drawing, coloring, painting, knitting, and other crafts well-suited for self-care. They help to improve mood and lower stress, as well as provide the meditative quality of focus and attention that's essential for mindfulness.

When a social component is added, crafting with others in a group setting can also help to reduce feelings of isolation and loneliness, as well as improve one's sense of belonging and connection.

WANNA GIVE IT A TRY?

Join Counseling Services for one of their Craft & Chat sessions this Spring semester! All crafts are welcome! You can bring your craft or use the supplies provided.

Dates: April 8th & 25th

Location: Penn State Room, Perkins (Room 114)

Time: 4:00-5:00pm

FINANCIAL AID FOCUS: FAFSA APPLICATION CHANGES

FAFSA APPLICATION 2024-2025

- The 2024-2025 FAFSA application has undergone significant changes.
 - For the latest news on FAFSA availability visit <https://studentaid.gov/announcements-events/december-fafsa>.
 - To learn how to fill out the FAFSA form, visit <https://studentaid.gov/apply-for-aid/fafsa/filling-out>
- **IMPORTANT:** Students completing the 2024-2025 FAFSA form should be using the following:
 - Pennsylvania State University (The)
 - SCHOOL TYPE: PUBLIC, PRIMARILY 4-YEAR
 - Federal School Code: 003329

HOLDS AND TO DO LIST ITEMS

- Check for any To Do List items or Holds related to Financial Aid in your LionPATH account. Click on the link to understand if it requires action or offers information only.
- **Note:** Financial Aid To Do list items and Holds won't stop students from scheduling courses. If you cannot schedule classes, another Hold, like an [academic registration hold](#), might be the cause. Review the Hold or To Do List details to determine your next steps. For assistance with Financial Aid-related To Do List items or Holds, contact the Financial Aid office.

MAXIMIZE YOUR SUCCESS: TUTORING SERVICES FREE OF CHARGE!

Learning Center

- Professional and peer tutoring in math.
- Peer tutors in chemistry, biology, and more.
- Support with study skills, time management, test anxiety, and more.

Open for Peer Tutoring by Appointment

Monday-Thursday 9:00am-7:00pm | Friday 9:00am-1pm

Walk-In Hours Dr. Ryan Hassler, Faculty Math Tutor

Monday Noon to 3:00pm | Friday 10:00am - 1:00pm

Writing Center

- Peer tutors to help with a paper, speech, resume, or other written material.
- Available in-person or via Zoom



Open for Peer Tutoring

Monday-Friday | 10:00am - 6:30pm

To set up tutoring appointments, log on and register your Penn State email at berks.mywconline.com

Math Peers & Profs (222 Luerssen)

- Tutoring sessions available for Math 4, 21, 22, 26, 34, 41, and Stat 100 with Math faculty and teaching assistants.
- Mondays and Wednesdays from 12:15-1:15pm.
- No appointment is necessary!

Embedded Classroom Learning Assistants (LAs) Office Hours

- Check with your individual LA

CAMPUS RESOURCE LIST

MENTAL HEALTH AND WELLNESS

GENERAL

24/7 Penn State Crisis Line can be used in consultation for those at PSU to support someone who is experiencing a crisis or for yourself. You can reach the Crisis Line by:

- Calling 1-877-229-6400
- Texting "LIONS" to 741741

American Foundation for Suicide Prevention offers resources and tips on how to support a friend -- or get help yourself.

- Check it out at <https://seizetheawkward.org/>

Berks County Crisis Line can be used by residents of Berk County to assist children, adolescents and adults experiencing varying levels of crisis.

- Call the line at 610-379-2007

Counseling Services are available to all Penn State Berks students for FREE.

- Learn more at <https://berks.psu.edu/counseling-services>

Life Hack Kits are free step-by-step wellness packages designed to help navigate and demystify the perplexing parts of being human.

- Learn more at <https://studentaffairs.psu.edu/counseling/wellness-services/life-hacks>

National Suicide Prevention Lifeline is free and confidential support for any person in distress, providing prevention and crisis resources for you or your loved ones.

- Call the line by dialing 988 or calling 800-273-8255

Online Mental Health Screenings are free and anonymous for several areas of mental health, including depression, anxiety, academic distress, eating concerns, frustration level, family stress, and alcohol use.

- Begin screening at <https://tinyurl.com/CAPSScreening>

Red Folder at Penn State is a guide to help faculty, staff, student leaders, and others who interact with students to recognize, respond effectively to, and refer Penn State students in distress.

- Review resources specific to Penn State Berks at <https://redfolder.psu.edu/campus-resources/>

Safe Berks Campus Advocate provides support for survivors of domestic and sexual violence as well as offers Prevention and Awareness Programming.

- **Campus Contact:** LaTisha Baker
- **Email:** LaTishaB@safeberks.org
- **Office:** 311 Gaige
- **Phone:** 484-651-9745 (call or text)

WellTrack Boost is a tool designed to help understand the activities associated with changes in mood and motivation, as well as to identify patterns in daily activities and how they are associated with changes in emotional states.

- Get FREE PSU access at <https://psu.welltrack.com/>

Academic Advising [160 Franco] - Questions about **course scheduling, degree progress, changing your major, or advising policies** contact your assigned academic adviser (listed in LionPATH). You can also reach out to Academic Advising for support.

Email: bkadvisingcenter@psu.edu | **Phone:** 610-396-6280

BIAS Incident REPORT FORM - To report concerns regarding bias, intolerance, discrimination, harassment, and/or incivility, use the form found [here](#)

Bursar [125 Franco] - Questions about your **bill or payment options**. **Email:** bkbursar@psu.edu | **Phone:** 610-396-6040

CARE Report Form - To express concern for a student experiencing distress of an academic, health, safety, or financial nature, use the form found [here](#)

Financial Aid [014 Perkins] - Questions about your **aid, holds, or to-do list items**

Email: BerksFinAid@psu.edu | **Phone:** 610-396-6070

Housing & Food Services [106 Perkins]

- Questions about ID Cards or Residence Hall and Housing Contracts email HousingBK@psu.edu
- Questions about meal plans and food services, including reporting food allergies, email absfoodservicebk@psu.edu

International Student Services [311A Gaige]

- Questions about international student-related programs and events **email** nar165@psu.edu
- Questions about maintaining immigration status, internships, employment, enrollment requirements, and visa-related regulations **email** dcs5845@psu.edu
- **Phone:** 610-396-6105

Thun Library - A place to study, access course materials, a lounge with vending machines, or support with technology.

- Webpage: <https://libraries.psu.edu/berks>
- Access their full calendar [here](#).
- Course Reserves (free access to textbooks) can be used in the library for 2-hour intervals. [Check here](#)

Tutoring

- **Learning Center:** Schedule a **math or science** tutoring session [here](#).
- **Writing Center:** Schedule a tutor for help with a **paper, speech, resume, or other written material** [here](#).
- **Peers and Profs:** Need help with Math 4, 21, 22, 26, 34, 41, & Stat 110, attend help sessions on Mondays and Wednesdays from 12:15-1:15 pm in Luerssen 222. No appointment is necessary!

Veteran Benefits [125 Franco]

Questions about **VA certifications**, contact the Registrar's Office
Email: BKVeterans@psu.edu | **Phone:** 610-396-6085

Nittany Corner FOOD PANTRY [in the Cohen Lounge located in Thun Library]

The Nittany Corner food pantry was funded and established by the Penn State Berks class of 2017 to address issues of hunger and support students' success while pursuing their education at Penn State Berks. Pantry items are FREE to Penn State Berks students!