

# THE LION'S ROAR



The monthly newsletter for Penn State Berks

## CAMPUS FEATURE: Beaver Athletics & Wellness Center

### What is it?

Beaver is home to 12 varsity teams, numerous club sports, various intramurals, and recreation spaces. It features a 3,200 square foot state-of-the-art weight room. It is open to current students, staff, and faculty.

### Which club & intramural sports are offered?

**Club Sports:** Vary according to student interest. Examples include women's equestrian; cheerleading; dance; and men's bowling, ice hockey, lacrosse, rugby, and volleyball.

**Intramurals:** Vary according to student interest. Examples include badminton, basketball, beach volleyball, dodgeball, golf, flag football, frisbee golf, horseshoes, indoor soccer, pool, softball, table tennis, volleyball, and wiffleball.

### What's Inside:

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### When is Beaver open?

Monday - Thursday: 7:30am - 11:00pm

Friday 7:30am - 6:00pm

Saturday - Sunday: 12:00pm - 5:00pm

### Contact person:

For questions about fitness programs, please contact Tim Coleman at 610-396-6151



## Important Dates

**Feb 21 – March 3** Starfish Mid-semester Progress Reporting Period

**March 5** Residence Halls close at 12pm (noon)

**March 7 -11** Spring Break (no classes)\*

**March 13** Residence Halls reopen at 11am

**March 22** Installment Plan Payment #3 Due\*\*

**March 23** Advising Meetings (view the schedule [here](#)) ➡

**March 26** Link UP Trip (see page 4 for more details)

\*If you need to stay on campus during spring break, please request a break contract at [www.eliving.psu.edu](http://www.eliving.psu.edu) ➡

\*\*If you enrolled in the **installment payment plan (IPP)** before the first payment (1/22), this date (3/22) is your third installment. Read more on the IPP, [here](#) ➡

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## ACADEMIC REMINDERS & OPPORTUNITIES

### Course Enrollment

#### Summer 2022 Courses

- Summer Sessions:
  - Summer I: May 16 - June 24
  - Summer II: June 29 - August 10
- Summer registration is open and available on a first-come, first serve basis.
- Students can schedule classes at any Penn State campus!
- Stay on track towards degree completion by speaking with your academic adviser before enrolling!



#### IMPORTANT!

- Most summer courses are accelerated, covering about 15 weeks of content in 6 to 7 weeks.
- You can expect the pace of the course to move very quickly with the class generally meeting more frequently.
- On-campus housing at Berks is not available for those taking summer courses.



#### SUMMER COURSES 2022

Contact Financial Aid to determine if you might be eligible for aid.

#### Fall 2022 Courses

- Advising Meetings will take place on March 23 at 12:15pm. Locations vary by major. See the full list [here](#) ➡
- Check your LionPATH Student "Home Base" (i.e., your dashboard) for an Enrollment Appointment date and to review the schedule of courses.
  - Priority Registration begins March 16
  - Regular Registration begins March 23



#### IMPORTANT!

- Sophomores should have their change of major and change of campus (if applicable), completed prior to scheduling Fall classes!

### Academic Opportunities

#### University Libraries Undergraduate Research Award

Are you working on a major research project this semester? Plan to present your findings? Apply for the University Libraries Undergraduate Research Award at Berks for a chance to win up to \$500!

##### • Learn more:

➡ <https://guides.libraries.psu.edu/Berks/UndergradResearch>

• Apply: <https://tinyurl.com/berksURA> ➡

• Questions? Contact Alex Chisholm via email at [aec67@psu.edu](mailto:aec67@psu.edu)

#### Multi-Campus (MC) Research Experience for Undergraduates (REU)

Do you have an idea for a full-time research project over the summer? Apply to the MC REU program! Selected students are eligible for compensation and will complete their proposed research project in conjunction with two Penn State faculty members! *Preference is given to students interested in Engineering and Earth & Mineral Science fields.*

Learn more: <https://inclusion.engr.psu.edu/research/multi-campus-research-experience.aspx> ➡

### General Advising Assistance

**Students in DUS (Division of Undergraduate Studies [i.e. undecided])** who want to schedule an in-person, Zoom, or phone appointment with a DUS Adviser can do so on [Starfish.psu.edu](https://starfish.psu.edu) ➡

**Non-DUS Students** should contact their assigned academic adviser. Find your assigned adviser listed in LionPATH. *Note, non-DUS students are welcome to schedule an appointment with DUS advisers. Please email or call to schedule.*

#### For Quick Advising Questions:

Email [bkadvisingcenter@psu.edu](mailto:bkadvisingcenter@psu.edu)

#### To Schedule an Appointment:

Call 610-396-6280

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## STUDENT SUPPORT

### MATH TUTORING

*"Peers and Profs"*

**WHAT:** Free math help sessions hosted by math faculty and math tutors

**WHEN:** Mondays and Wednesdays during common hour (from 12:15-1:15pm)

**WHERE:** 021 Luerssen

**COURSES SUPPORTED:**

**Mondays:** Math 4, 21, 22, 26, and 110

**Wednesdays:** Math 21, 22 and 26

*No appointment necessary!*



### PEER TUTORING

**Need help with Math, Science or Study Skills?**

Make an appointment with our [Learning Center](#)

Tutors [here](#)

**Need help with a paper, speech, resume, or other written material?**

Make an appointment with our [Writing Center](#) Tutors [here](#)

*Peer Tutoring is FREE!*



### Additional Resources

Penn State offers a wide range of support to students in need.

Reach out if you are concerned about yourself or someone else!

**Care Report Form** for concerns regarding academics, physical or mental health/safety, or finances.

**Sexual Misconduct** for concerns regarding sexual harassment, sexual misconduct, dating violence, domestic violence, or stalking.

**Bias Reporting** for concerns regarding bias, intolerance, discrimination, harassment, and/or incivility.

**Counseling Services** for free short-term mental health counseling.



Here to help you succeed!

#### What is Starfish??

Starfish is an online system that connects you to the people and services that can help YOU navigate YOUR education. Starfish does this by facilitating communication between your advisor, instructors, and support services.

#### Check Your PSU Email

During weeks 3-4 and 7-8 of each semester, instructors are prompted to comment on student progress in their class(es) utilizing Starfish. Pay special attention to this time period for important feedback, which will come from: [notices@starfishsolutions.com](mailto:notices@starfishsolutions.com)

**TIP: Do NOT delete this email. It is NOT spam.**



#### Get Started NOW!



Upload a picture, set your preferences, and explore! [sites.psu.edu/starfishinfo](https://sites.psu.edu/starfishinfo)



#### Don't Make Assumptions!

If you do NOT receive notices from instructors, do not assume that this means that you are in the clear! Instructors have the option of notifying students of their progress in their class--not all instructors complete Starfish reports.

**TIP: Make an appointment with your instructor(s) to discuss your progress.**

#### I received a Starfish notification, now what do I do?



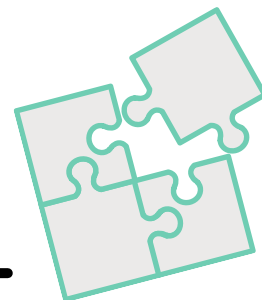
##### Take Action Immediately!

**MEET:** Discuss the feedback with your Instructor.

**REFLECT:** Which behaviors contributed to the feedback?

**COMMIT:** Make improvements to see greater success.

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## CAMPUS ENGAGEMENT

### Campus Activities

#### Orientation Leader Info Session

- **WHEN:** March 4 at 12:15pm
- **WHERE:** 007 Perkins (MPR)

#### Paws for Success: It's OK to Not be OK

- **WHEN:** March 15 at 4pm
- **WHERE:** 003 Perkins

#### NYC Broadway Trip: Aladdin

- **WHEN:** March 19\*
- **COST:** \$20



\*Sign-Ups Begin on March 1st

<https://sites.psu.edu/berkscab/>



- *You must be fully vaccinated in order to attend the trip or show proof you are not vaccinated due to religious or medical reasons.*

#### Paws for Success: Dieting, Nutrition, and Healthy Lifestyles

- **WHEN:** March 22 at 4:00 PM
- **WHERE:** 003 Perkins

#### Arts and Lecture Series Presents: Rachel Lindsay, Former Bachelorette

- **WHEN:** March 23 at 7:00pm
- **WHERE:** Perkins Auditorium



#### Arts and Lecture Series Presents: Facts of Life Dinner

- **WHEN:** March 28 at 5:00pm
- **WHERE:** Lion's Den

### Free University Park Trip

Finishing your degree at University Park?

Join us for **Link UP!**

**WHEN:** Saturday, March 26

#### ELIGIBILITY:

- 1st year students considering a change of campus
- 2nd year students who know they will finish at UP

#### WHAT YOU'LL DO AT UP:

- Tour the campus
- Connect with staff and current students
- Meet with an academic advisor
- Learn about the change of campus process
- Enjoy a free lunch, and more!

#### HOW TO SIGN UP

Visit <https://forms.office.com/r/LvWNRvn9aU> or

Campus Life (019 Perkins) for more information

*Transportation is provided by Campus Life Office!*

### This Week at Berks

Keep up with weekly events by checking *This Week at Berks*, your weekly events and announcements newsletter! It is sent to current Berks students by email (to PSU email addresses only) every Sunday evening at 8:00pm!

### Student Clubs & Organizations

Student clubs and organizations provide opportunities for students to build upon common interests, explore new opportunities, strengthen passions, make new friends, and engage in leadership roles. Review the current list of all clubs and organizations at Penn State Berks.

<https://berks.psu.edu/clubs-and-organizations>





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## SCHOLARSHIPS & FINANCIAL AID

### Scholarship Opportunities

#### PENN STATE BERKS STUDENTS

- Beginning March 1, students returning to Berks for the 2022-2023 academic year can apply for our Returning Students Scholarship Application at <https://berks.psu.edu/berks-scholarship-application>

#### ALL PENN STATE STUDENTS:

- Academic College Scholarships: <https://studentaid.psu.edu/types-of-aid/scholarships/applications>
  - Office of Student Aid: <https://studentaid.psu.edu/types-of-aid/scholarships/applications>
  - Administrative Unit Scholarships: <https://studentaid.psu.edu/types-of-aid/scholarships/athletics-ROTC-fellowship-libraries-and-more>
  - Educational Equity Scholarships: <http://equity.psu.edu/scholarships>
- #### OUTSIDE SCHOLARSHIP OPPORTUNITIES:
- Berks County Community Foundation Scholarships: <https://bccf.org/scholarships-grants/>
  - Outside Scholarships: <https://studentaid.psu.edu/types-of-aid/scholarships/outside-of-penn-state>

### Summer Scholarship Opportunity

#### Eligibility Criteria:

- Enrollment in at least one summer course at any PSU campus
- Demonstrate that taking a summer course is necessary to get back on track for degree program
- Have demonstrated financial need

➤ Apply here: <https://summersession.psu.edu/form/summer-success-scholarship>

### Veteran's Benefits

If you have VA benefits that need to be certified, the Registrar's Office is now the point of contact for all VA certifications.

Contact the Registrar's Office via telephone at 610-396-6085 or via email [bk-registrar@psu.edu](mailto:bk-registrar@psu.edu)

### 2022-2023 FAFSA

File your 2022-23 FAFSA by [clicking here!](#)

- Remember to use **2020** tax information!
- Submit by April 1 to be considered for all financial aid for 2022-2023!
- Pennsylvania residents:** Submit BEFORE May 1st, 2022 to be considered for PHEAA PA State Grant!



### DON'T WAIT!

If you already completed the 2022-2023 FAFSA, you may see verification requests in LionPATH. The requests will be for the aid year of 2023. You can upload documents to the Office of Student Aid now so they are reviewed and processed. For questions about verification, learn more by [clicking here!](#)

### Contact Financial Aid

Email: [BerksFinAid@psu.edu](mailto:BerksFinAid@psu.edu)

Phone: 610-396-6070\*

*\*No answer? Leave a message with your name, phone number, 9-digit PSU ID number, and reason for calling!*

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## LIVING ON CAMPUS

### REQUESTING A HOUSING CONTRACT:

- Log on to [www.eLiving.psu.edu](http://www.eLiving.psu.edu) with your Penn State login information.
- Under the HFS Contracts icon, select '**Request Housing**'.
- Choose the campus and contract period.
- Select the '**Request Now**' button.
- The page will refresh with a confirmation statement.

### VIEW INVITATION AND GENERATE CONTRACT:

- In [www.eLiving.psu.edu](http://www.eLiving.psu.edu), select **View Invitation** to view available housing options.
- Select the housing option you desire and click '**Continue**'.
- (Optional) Add the PSU Access ID for your desired roommate and click '**Continue**'.  
IMPORTANT: *Not all housing options allow for a roommate.*
- Review your selections and click '**Create Contract**' to generate the HFS Contract for your selected housing option. If you added a roommate, that student will also be offered the HFS Contract.

### ACCEPT YOUR CONTRACT:

- Select the **Shopping Cart** icon and view the offer.
- Click '**Begin Acceptance Process**' to view and read the HFS Contract and Terms, Conditions, & Regulations (TCRs).
- **Check the box** to indicate that you have read and agree to abide by the TCRs.
- **Type your name** to electronically sign the HFS Contract.
- Click the '**Accept Contract**' button.

For more on Housing Contracts click [here](#)



## A BERKS BITE: Quick Egg Sandwich



### Ingredients

- 1 English Muffin, 1 bagel or 2 slices bread
- 2 Eggs
- 1 Slice of Cheese
- Salt & Pepper to taste
- Optional
  - Meat (e.g., bacon, sausage, ham, or turkey)

### Instructions

- Toast your English muffin, bagel, or bread.
- Cook your eggs (see microwave instructions below).
  - Spray a microwave safe bowl with non-stick cooking spray.
  - Add 2 thoroughly whisked eggs.
  - Cook for 1 minute and 45 seconds in the microwave.
- Top your toast with a slice of cheese, egg, meat (if you chose), and a little salt & pepper to taste.
- Enjoy!