

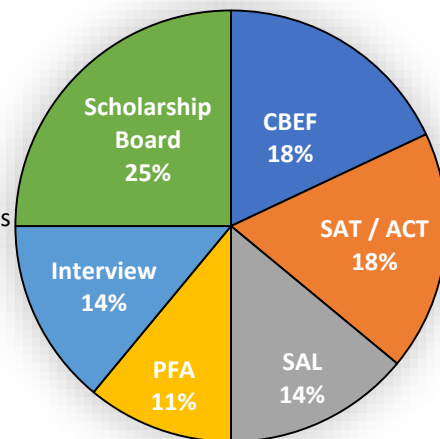


Army ROTC High School Scholarship Guide



1. Create an account at <https://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html>
2. Complete Cadet Background and Experience Form (CBEF; initial survey in scholarship portal). Assesses personal level of grit
3. Follow the steps to submit your SAT/ACT scores and transcripts (guidance counselor validated)
 - ★ Army ROTC uses an applicant's 'Super Score' (Highest Math/Verbal); Penn State Berks uses Super Score as well
4. Select Senior ROTC Programs for consideration
 - ★ List up to seven schools in preferential order. i.e. Penn State Berks #1 if it is your top school. Let us know you are interested - eml10@psu.edu
5. Complete the extra-curricular activities portion of the application
 - ★ List all sports/activities conducted from 9th-12th grade
 - ★ If exact sport/activity isn't listed, find a close equivalent (type, time commitment, etc.) and explain in comments
 - ★ Project participation and repeat achievements through end of senior year (varsity lettering, pre-selected captains, etc.)
6. Complete/submit the Physical Fitness Assessment (PFA)
 - ★ Download scorecard from Scholarship Portal (PFA scoring table on reverse side)
 - ★ Ask Coach or Gym Teacher to administer (instructions on scorecard)
 - ★ Transmit signed scorecard via email (train2Lead@usacc.army.mil)
7. Schedule an interview at a Senior Army ROTC Program
 - ★ Arrive on time, dress appropriately, and **RELAX**
 - ★ Bring supporting documentation (resume, transcript, etc.)
 - ★ Conduct a mock interview with a family member or mentor ahead of time
 - ★ Be prepared to answer the most important question, "Why do you want to be an Army Officer?"
8. Finish the Application!
 - ★ 3x Scholarship Boards (October, January, March). Finish your application as early as possible
 - ★ The applicant pool for 2017/18 was roughly 14,000. Less than half actually completed the application!
 - ★ For those that finished the application process in 2017/18, there was over a **50% chance** of earning an offer!
 - ★ Individuals not selected in one board automatically move to the next board's pool of applicants
 - ★ Those selected will be offered a **full tuition & fees** scholarship to one/some of the preferred schools

US Army Cadet Command
Whole Person Score



Army ROTC Service Obligations

8yr Service Obligation								
Commission / Scholarship Status	1	2	3	4	5	6	7	8
Active Duty Commission + Scholarship (4yr, 3yr AD, STEM, Nursing)	Initial ADSO				AD, ARNG/USAR or IRR			
Reserve Forces Commission + Scholarship (Dedicated ARNG/USAR, GRFD)	Initial ARNG/USAR Service Obligation							



PFA Scoring Table

Male						Female					
Push-ups		Curl-ups		1 mile Run		Push-ups		Curl-ups		1 mile Run	
Reps	Score	Reps	Score	Time	Score	Reps	Score	Reps	Score	Time	Score
50	50	50	50	6:30	50	40	50	50	50	7:18	50
49	49	49	49	6:33	49	39	48.75	49	49	7:21	49
48	48	48	48	6:36	48	38	47.5	48	48	7:24	48
47	47	47	47	6:39	47	37	46.25	47	47	7:27	47
46	46	46	46	6:42	46	36	45	46	46	7:30	46
45	45	45	45	6:45	45	35	43.75	45	45	7:33	45
44	44	44	44	6:48	44	34	42.5	44	44	7:36	44
43	43	43	43	6:51	43	33	41.25	43	43	7:39	43
42	42	42	42	6:54	42	32	40	42	42	7:42	42
41	41	41	41	6:57	41	31	38.75	41	41	7:45	41
40	40	40	40	7:00	40	30	37.5	40	40	7:48	40
39	39	39	39	7:03	39	29	36.25	39	39	7:51	39
38	38	38	38	7:06	38	28	35	38	38	7:54	38
37	37	37	37	7:09	37	27	33.75	37	37	7:57	37
36	36	36	36	7:12	36	26	32.5	36	36	8:00	36
35	35	35	35	7:15	35	25	31.25	35	35	8:03	35
34	34	34	34	7:18	34	24	30	34	34	8:06	34
33	33	33	33	7:21	33	23	28.75	33	33	8:09	33
32	32	32	32	7:24	32	22	27.5	32	32	8:12	32
31	31	31	31	7:27	31	21	26.25	31	31	8:15	31
30	30	30	30	7:30	30	20	25	30	30	8:18	30
29	29	29	29	7:33	29	19	23.75	29	29	8:21	29
28	28	28	28	7:36	28	18	22.5	28	28	8:24	28
27	27	27	27	7:39	27	17	21.25	27	27	8:27	27
26	26	26	26	7:42	26	16	20	26	26	8:30	26
25	25	25	25	7:45	25	15	18.75	25	25	8:33	25
24	24	24	24	7:48	24	14	17.5	24	24	8:36	24
23	23	23	23	7:51	23	13	16.25	23	23	8:39	23
22	22	22	22	7:54	22	12	15	22	22	8:42	22
21	21	21	21	7:57	21	11	13.75	21	21	8:45	21
20	20	20	20	8:00	20	10	12.5	20	20	8:48	20
19	19	19	19	8:03	19	9	11.25	19	19	8:51	19
18	18	18	18	8:06	18	8	10	18	18	8:54	18
17	17	17	17	8:09	17	7	8.75	17	17	8:57	17
16	16	16	16	8:12	16	6	7.5	16	16	9:00	16
15	15	15	15	8:15	15	5	6.25	15	15	9:03	15
14	14	14	14	8:18	14	4	5	14	14	9:06	14
13	13	13	13	8:21	13	3	3.75	13	13	9:09	13
12	12	12	12	8:24	12	2	2.5	12	12	9:12	12
11	11	11	11	8:27	11	1	1.25	11	11	9:15	11
10	10	10	10	8:30	10	0	0	10	10	9:18	10
9	9	9	9	8:33	9			9	9	9:21	9
8	8	8	8	8:36	8			8	8	9:24	8
7	7	7	7	8:39	7			7	7	9:27	7
6	6	6	6	8:42	6			6	6	9:30	6
5	5	5	5	8:45	5			5	5	9:33	5
4	4	4	4	8:48	4			4	4	9:36	4
3	3	3	3	8:51	3			3	3	9:39	3
2	2	2	2	8:54	2			2	2	9:42	2
1	1	1	1	8:57	1			1	1	9:45	1
0	0	0	0	9:00	0			0	0	9:48	0

Acronyms
2LT – Second Lieutenant
AD - Active Duty
ADSO - Active Duty Service Obligation
ARNG - Army National Guard
GRFD - Guaranteed Reserve Forces Duty
IRR - Individual Ready Reserve
STEM - Science, Technology, Engineering and Math
USAR – United States Army Reserve