

**Penn State Berks
Recommended Academic Plan**

Kinesiology (KINBL)

Exercise Science Option (EXSCI) - Business Emphasis

Semester 1	Credits	Semester 2	Credits
ENGL 015 or 030 (GWS)	3	CAS 100A (GWS)	3
<i>MATH 022 (GQ)</i>	3	<i>STAT 200 (GQ) [2]</i>	4
GN [1]	3	KINES 180	3
GA or GH or GS	3	BIOL 141 (GN)	3
GA or GH or GS	3	GA or GH or GS	3
First-Year Seminar	1		
Total Credits:	16	Total Credits:	16
Semester 3	Credits	Semester 4	Credits
NUTR 251 (GHA)	3	ENGL 202C# or 202D (GWS)	3
KINES 141	3	KINES 201	3
KINES 200	3	KINES 202	4
<i>CHEM 101 or 110 & 111 (GN) [3]</i>	3-4	KINES 260	3
GA or GH or GS	3	KINES 295B#	1
Total Credits:	15-16	Total Credits:	14
Semester 5	Credits	Semester 6	Credits
KINES 345	3	KINES 321	3
KINES 356	3	KINES 350	3
KINES 360*	3	KINES 384#	3
ECON 102 [2]	3	KINES 456	4
GA or GH or GS	3	KINES 495C	3
Total Credits:	15	Total Credits:	16
Semester 7	Credits	Semester 8	Credits
KINES 001 - 099	1.5	KINES 001 - 099	1.5
KINES 358	1	KINES 492W#	3
KINES 420*	3	KINES 495C	3
KINES 457	3	ACCTG 211 [2]	4
MGMT 301 or MKTG 301 [2]	3	MGMT 301 or MKTG 301 [2]	3
GA or GH or GS	3		
Total Credits:	14.5	Total Credits:	14.5

- **Bold** type indicates courses requiring a quality grade of C or better.
- *Italic* type indicates courses that satisfy both major and General Education requirements.
- GWS, GQ, GHA, GN, GA, GH, and GS are codes used to identify General Education requirements.
- W is the code used to designate courses that satisfy University Writing Across the Curriculum requirement.
- Courses with one (1) asterisk (*) are offered Fall Semester only.
- Courses with one (1) pound sign (#) are offered Spring Semester only.

Academic Advising Notes:

1. Students should consult with an adviser when scheduling courses.
2. Students must complete three (3) credits of United States Cultures (US) and three (3) credits of International Cultures (IL) as part of General Education.

Program Notes:

- [1] BI SC 004 recommended prior to taking BIOL 141, but not required.
- [2] Quality grade of C or better required for students interested in pursuing Business minor.
- [3] CHEM 101 for three (3) credits recommended, but not required. If CHEM 101 is taken, then it must be for three (3) credits.

**Penn State Berks
Recommended Academic Plan**

**Kinesiology (KINBL)
Exercise Science Option (EXSCI) - Science Emphasis**

Semester 1	Credits	Semester 2	Credits
ENGL 015 or 030 (GWS)	3	CAS 100A (GWS)	3
<i>MATH 022 (GQ)</i>	3	<i>STAT 200 (GQ)</i>	4
GN [1]	3	KINES 180	3
GA or GH or GS	3	BIOL 141 (GN)	3
GA or GH or GS	3	GA or GH or GS	3
First-Year Seminar	1		
Total Credits:	16	Total Credits:	16
Semester 3	Credits	Semester 4	Credits
NUTR 251 (GHA)	3	ENGL 202C# (GWS)	3
KINES 141	3	KINES 201	3
KINES 200	3	KINES 202	4
<i>CHEM 101 or 110 & 111 (GN) [2]</i>	3-4	KINES 260	3
GA or GH or GS	3	KINES 295B#	1
Total Credits:	15-16	Total Credits:	14
Semester 5	Credits	Semester 6	Credits
KINES 345	3	KINES 321	3
KINES 356	3	KINES 350	3
KINES 360*	3	KINES 384#	3
GA or GH or GS	3	KINES 456	4
GA or GH or GS	3	KINES 495C	3
	15	Total Credits:	16
Semester 7	Credits	Semester 8	Credits
KINES 001 - 099	3	KINES 462W#	2
KINES 358	1	KINES 495C	3
KINES 420*	3	Emphasis Selection [3]	3
KINES 457	3	Emphasis Selection [3]	3
KINES 461W*	2	Emphasis Selection [3]	3
Emphasis Selection [3]	3		
Total Credits:	15	Total Credits:	14

- **Bold** type indicates courses requiring a quality grade of C or better.
- *Italic* type indicates courses that satisfy both major and General Education requirements.
- GWS, GQ, GHA, GN, GA, GH, and GS are codes used to identify General Education requirements.
- W is the code used to designate courses that satisfy University Writing Across the Curriculum requirement.
- Courses with one (1) asterisk (*) are offered Fall Semester only.
- Courses with one (1) pound sign (#) are offered Spring Semester only.

Academic Advising Notes:

1. Students should consult with an adviser when scheduling courses.
2. Students must complete three (3) credits of United States Cultures (US) and three (3) credits of International Cultures (IL) as part of General Education.

Program Notes:

- [1] BIOL 129* recommended prior to taking BIOL 141, but not required.
 [2] CHEM 110 & 111 recommended, but not required. If CHEM 101 is taken, then it must be for three (3) credits.
 [3] Consult adviser for list.